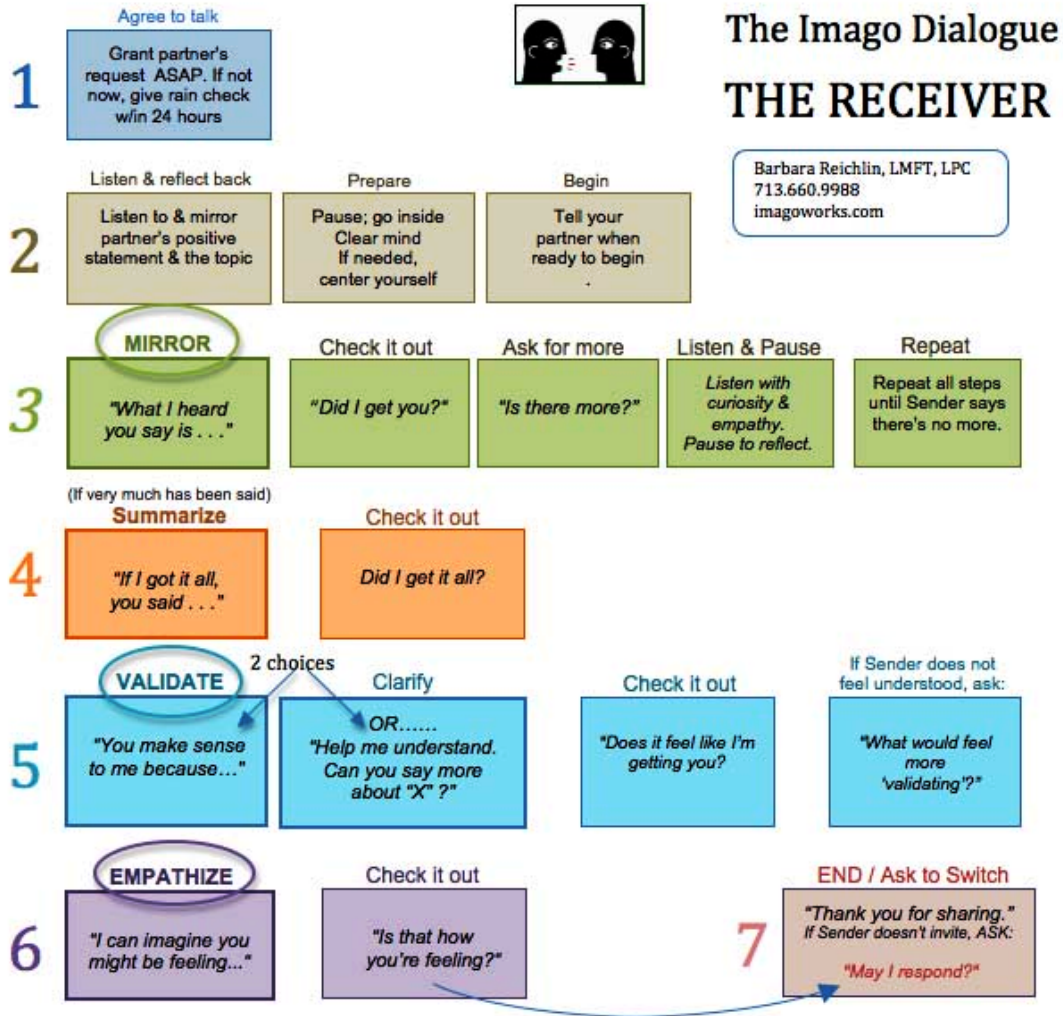


## Resources

### Imago Dialogue



**NEGATIVE FEELING PROMPTERS**

frustrated	sad	lonely	overwhelmed	betrayed
irritated	anxious	alone	unheard	cheated
angry	helpless	abandoned	discounted	embarrassed
hurt	hopeless	controlled	invisible	guilty
criticized	insecure	pressured	unloved	humiliated
attacked	scared	smothered	confused	ashamed
depressed	rejected	trapped	manipulated	enraged